

Outdoor Soccer Regulations



NFHS rules will be followed with the exception of MRC rules and guidelines:

- Game details are as follows:

| League | Time | Half Time | Overtime | Timeouts |
|---|--------------------------|-----------|----------|----------|
| 1 st grade | 4, eight-minute quarters | 5 minutes | None | None |
| 2 nd /3 rd grade | 2, twenty-minute halves | 5 minutes | None | None |
| 4 th – 6 th grade | 2, twenty-minute halves | 5 minutes | None | None |

- All teams have unlimited substitutions on dead balls. 2nd – 6th graders must go to the middle of the field and be beckoned in by the official.
- Each player must play at least half of the game. It is the coach’s responsibility to make sure this happens.
- The off-side rule will only be enforced in the 4th – 6th grade girl’s and boy’s leagues.
- The referee is in charge of the game and is the official timekeeper.

| League | Ball Size | Number of players | Goalie |
|---|-----------|-------------------|----------------------------|
| 1 st grade | 3 | 6 vs. 6 | None 12' X 6' goal area |
| 2 nd /3 rd grade | 4 | 6 vs. 6 | Yes |
| 4 th – 6 th grade | 4 | 6 vs. 6 | Yes |

- Game time is forfeit time. The game will still be played with the amount of players that show.
- **Shin guards are required.**
- Goalie shirts, which are provided, must be worn in 2nd-6th grade leagues.
- Cleats are allowed but may **not have metal spikes or metal tipped spikes.**
- First aid kits will be with the site supervisors on game days.
- In case of bad weather or wet field conditions, please listen to KNGL/KBBE for an announcement. You may also call the MRC HOTLINE at 241-1331 for a recorded message or go to www.mcphersonrecreationcommission.com. **Do not call the radio station.** Coaches will be called if the games are cancelled prior to their game, if possible. If you would like to receive these update please email us at sportsdept@ymca-mrc.com.
- Sportsmanship Rule: Unsportsmanlike conduct, i.e. name-calling, swearing, etc., will not be tolerated. Site supervisors and/or umpires are required to take the following immediate actions should it occur by any MRC participant, parent or fan:
 - a. 1st Offense (Warning): Participant will sit the remainder of the game; if action occurs within the last 15 minutes of or following the game, the participant will not be allowed to play the next game.
 - b. 2nd Offense: Participant will be eliminated from season play. Registration fees will not be refunded.

3-on-3 and 1st Grade Soccer Regulations



- **GAME DETAILS:**

- Playing field: 120 ft. X 90 ft.

- No timeouts or overtime. Five-minute half-time.

- 3-on-3:**

- Four 8-minute quarters.
 - Must have a minimum of 2 field players.

- 1st Grade:**

- Four 8-minute quarters.
 - 6-on-6 (may only have 1 fewer player).

- **GOAL BOX:**

- The goal box (12' X 6') is directly in front of the goal (4' X 8'). There is no ball contact allowed within the goal box (no goalie), however, any player may pass through the goal box. Any part of the ball or player's body on the line is considered in the goal box and is an extension of such.
 - If a defender touches the ball in the goal box, a goal is awarded to the offensive team.
 - If an offensive player touches the ball within the goal box, or the ball stops rolling in the goal area, a goal kick is awarded to the defensive team.
 - **Goal kicks may be taken from any point along the end line. The ball will be placed by the official** (penalized team goes back 12ft. to defend the goal kick).

- **KICK-OFFS AND OFFSIDES:**

- Kick-offs may be taken in any direction.
 - There are no offsides in 1st grade level or 3-on-3.

- **SIDELINE:**

- 1st Grade: The ball will be thrown in from the sideline; players must be back 12ft.
 - 3-on-3: The ball shall be kicked into play from the sideline instead of thrown in. Kick-ins are considered in play when the ball is touched with a foot and moves. Example: The ball is placed on the sideline. Player A touches the ball, with a foot, and Player B shoots or dribbles. A goal can be scored from the scenario given.

MORE BASIC SOCCER RULES:

- All dead ball kicks, goal kicks, kick-ins and kick-offs are indirect kicks, meaning that you can not directly score; the ball must touch another player before a goal can be scored.
- Corner kicks and penalty kicks are direct kicks, meaning that a goal can be scored directly by kicker.
 - Corner kicks are administered when a defender is the last to touch a ball that goes out of bounds on the endline, and the defender is not in the goal area. The ball is kicked by the offense from the nearest corner (12ft. yield distance).
 - Penalty kicks (major fouls) will be awarded, if in the referee's opinion, a scoring opportunity was nullified by the infraction. A direct kick is taken from the mid-field line. All players must be behind the mid-field line when the kick is taken. If a goal is not scored, the defense obtains possession with a goal kick (taken any point on the end line). All other penalty kicks will occur at the point at which they were committed with appropriate yield distance.